

## Appeal for Food Ration Sponsorship in February 2019

In 2018, we delivered a total of 2,411 food packs to an average of 200 families each month, benefitting 5,383 individuals altogether.

Our next food ration distribution will be on **23<sup>rd</sup> February 2019** and once again we would like to appeal for your generous support.

### What we need for February 2019

For this month, we are appealing for sponsorships/ donations of the following items (highlighted in **yellow** is urgent!):

S/No	Food Items	Quantity Needed	Unit Price
1	Instant Quaker Oats (Red) (400g/pkt)	240	\$3.70
2	Mee Hoon (400g/pkt)	300	\$1.25
3	Biscuit (400g/pkt)	300	\$1.50
4	Veg. Instant Noodles (5pkts/Pack)	300	\$1.80
5	Condensed Milk (390g/can)	336	\$0.85
6	Vegetable Cooking Oil (1Litre /Bottle)	300	\$2.95
7	Milo (400g/pkt)	240	\$3.70
8	3 in 1 Instant Cereal (20 Sachets)	250	\$3.20
9	Canned Food– Sardines (425g/can)	300	\$1.05
10	Baked Beans (425g/can)	300	\$0.85
11	Mushroom (425g/can)	240	\$1.00
12	Canned Braised Peanut (170g/can)	336	\$0.60
13	Canned Pickled Lettuce (170g/can)	336	\$0.60
14	Dumex Dugro Growing Up Milk Formula Step 3 (1+) (700gm)	1	\$18.90
15	Dumex Dugro Growing Up Milk Formula Step 4 (3+) (700gm)	1	\$18.90
16	Children Diapers L size (any brand is ok)	1	\$16-\$20
17	Children Diapers XL size (any brand is ok)	1	\$16-20
18	Children Diapers XXL size (any brand is ok)	1	\$16-\$20
19	Adult Diaper (Size L )	1	\$10.10

\*\* Item unit price is quoted for reference only. Price is taken from [www.allforyou.sg](http://www.allforyou.sg)

If you wish to donate the food items, kindly make arrangement to deliver the items by **10<sup>th</sup> February 2019**. Thank you!

Our goal this year is to deliver 250 food packs each month.

### We need your help

We accept your sponsorship and donation as follows:

1	Contribute in-kind, <u>part or in full</u> of the quantity of the listed items
2	Make a <u>monetary donation via cash or cheque</u> towards the purchase of the items  (For tax-exemption processing, please provide us with Organisation Name/Full name, Organisation Reg No./NRIC No. and mailing address and do indicate "Food Ration Sponsorship" at the back of the cheque donation).
3	Make an <u>online donation</u> via Giving. SG# website: <a href="https://www.giving.sg/shanyou/foodration2018">https://www.giving.sg/shanyou/foodration2018</a>

#Giving.sg is created and powered by the good people at the *National Volunteer & Philanthropy Centre (NVPC)*.

### Your Donation is Tax Deductible

Shan You is a registered charity with the status of an Institution of a Public Character (IPC). Monetary donations to Shan You are tax deductible.

### How to contact us

Jack Ho  
Programme Executive (Food ration)  
Email: [jacky.ho@shanyou.org.sg](mailto:jacky.ho@shanyou.org.sg)

Shan You Wellness Community  
Blk 3 Eunos Crescent #01-2593, S(400003)  
Tel : 6745 9216 Fax : 67459351  
Website: [www.shanyou.org.sg](http://www.shanyou.org.sg)

## What we distributed last month

During last month's food ration distribution, a total of

- 195 packets of Fragrance White Rice (5kg)
- 195 packets of Bee Hoon (400~500g/packet)
- 195 packets of Instant Noodles (85g x 5/packet)
- 187 packets of Biscuits/Cream Crackers (428g/packet)
- 195 cans of Condensed Milk (390g/can)
- 195 bottles of Vegetable Cooking Oil (1 litre/bottle)
- 260 cans of Braised Peanuts (170g/can)
- 260 cans of Pickled Lettuce (170-198g/can)
- 168 packets of Milo (400g/packet)
- 6 packets of 3 in 1 Coffee
- 178 packets of Quakers Oat
- 3 packets of Quakers Oat - 800gm-1kg
- 195 cans of Sardines in Tomato Sauce (425g/can)
- 195 cans of Baked Beans (425g/can)
- 168 loaves of Gardenia White Bread
- 3 cans of Vegetarian Can Food ( Lou Han Zai )
- 4 cans of Luncheon Meat (397g/can)
- 2 packets of Baby Milk Powder (Step 4, 3+)
- 5 packets of Adult Milk Powder, 51+ (600g/packet)
- 1 packets of Baby Diapers (XL size)
- 1 packet of Baby Diapers (XXL size)
- 1 packets of Adult Diapers (L size)
- 1 packet of Adult Diapers (XL size)

**343 beneficiaries** from **173 families** received their food packs and would like to thank you for your kind contributions.

## To Volunteer

We need volunteers to help with the sorting and packing of the food items. We need volunteers to deliver food packs to families as well. Sign up at <http://bit.ly/SYWCVoINOW>

