

Appeal for Food Ration Sponsorship in March 2018

In 2017, we delivered a total of 2,411 food packs to an average of 200 families each month, benefitting 5,383 individuals altogether.

Our next food ration distribution will be on 20th January 2018 and once again we would like to appeal for your generous support.

What we need for March 2018

For this month, we are appealing for sponsorships/ donations of the following items (highlighted in yellow is urgent!):

S/No	Food Items	Quantity Needed	Unit Price
1	Instant Quaker Oats (Red) (400g/pkt)	240	\$3.70
2	Mee Hoon (400g/pkt)	300	\$1.25
3	Biscuit (400g/pkt)	300	\$1.50
4	Veg. Instant Noodles (5pkts/Pack)	300	\$1.80
5	Condensed Milk (390g/can)	336	\$0.85
6	Vegetable Cooking Oil (1Litre /Bottle)	300	\$2.95
7	Milo (400g/pkt)	240	\$3.70
8	3 in 1 Instant Cereal (20 Sachets)	250	\$3.20
9	Canned Food– Sardines (425g/can)	300	\$1.05
10	Baked Beans (425g/can)	300	\$0.85
11	Mushroom (425g/can)	240	\$1.00
12	Canned Braised Peanut (170g/can)	336	\$0.60
13	Canned Pickled Lettuce (170g/can)	336	\$0.60
14	Dumex Dugro Growing Up Milk Formula Step 3 (1+) (700gm)	3	\$18.90
15	Dumex Dugro Growing Up Milk Formula Step 4 (3+) (700gm)	3	\$18.90
16	Children Diapers S size (any brand is ok)	6	\$16-\$20
17	Children Diapers L size (any brand is ok)	6	\$16-20
18	Children Diapers XXL size (any brand is ok)	6	\$16-\$20
19	Adult Diaper (Size XL)	6	\$10.10

* Item Unit Price is mainly quoted from Sheng Siong www.allforyou.com.sg in February 2016.

If you wish to donate the food items, kindly make arrangement to deliver the items by **16th March 2018**. Thank you!

Our goal this year is to deliver 250 food packs each month.

We need your help

We accept your sponsorship and donation as follows:

1	Contribute in-kind, <u>part or in full</u> of the quantity of the listed items
2	Make a <u>monetary donation via cash or cheque</u> towards the purchase of the items (For tax-exemption processing, please provide us with Organisation Name/Full name, Organisation Reg No./NRIC No. and mailing address and do indicate "Food Ration Sponsorship" at the back of the cheque donation).
3	Make an <u>online donation</u> via Giving. SG# website: https://www.giving.sg/shan-you-counselling-centre

#Giving.sg is created and powered by the good people at the [National Volunteer & Philanthropy Centre \(NVPC\)](#)

Your Donation is Tax Deductible

Shan You Counselling Centre holds the IPC status (General Fund) from the National Council of Social Service (NCSS). With the IPC status, your cash donation is tax deductible.

How to contact us

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What we distributed last month

During last month's food ration distribution, a total of

- 214 packets of Fragrance White Rice (5kg)
- 214 packets of Bee Hoon (400~500g/packet)
- 214 packets of Instant Noodles (85g x 5/packet)
- 214 packets of Biscuits/Cream Crackers (428g/packet)
- 214 cans of Condensed Milk (390g/can)
- 214 bottles of Vegetable Cooking Oil (1 litre/bottle)
- 281 cans of Braised Peanuts (170g/can)
- 281 cans of Pickled Lettuce (170-198g/can)
- 188 cans of Whole Mushrooms (425g/can)
- 188 packets of Milo (400g/packet)
- 188 packets of 3-in-1 Instant Cereal
- 214 cans of Sardines in Tomato Sauce (425g/can)
- 214 cans of Baked Beans (425g/can)
- 188 loaves of Gardenia White Bread
- 3 cans of Vegetarian Can Food (Lou Han Zai)
- 2 cans of Luncheon Meat (397g/can)
- 2 packets of Baby Milk Powder (Step 4, 3+)
- 1 packet of Baby Milk Powder (Step 3, 1-3)
- 4 packets of Adult Milk Powder, 51+ (600g/packet)
- 2 packets of Baby Diapers (XL size)
- 1 packet of Baby Diapers (XXL size)
- 1 packets of Adult Diapers (L size)
- 1 packet of Adult Diapers (XL size)
- 188 packets of toilet rolls

387 beneficiaries from **188 families** received their food packs and would like to thank you for your kind contributions.

To Volunteer

We need volunteers to help with the sorting and packing of the food items. We need volunteers to deliver food packs to families as well.

