

Appeal for Food Ration Sponsorship in January 2018

In 2017, we delivered a total of 2,411 food packs to an average of 200 families each month, benefitting 5,383 individuals altogether.

Our next food ration distribution will be on 20th January 2018 and once again we would like to appeal for your generous support.

What we need for January 2018

For this month, we are appealing for sponsorships/ donations of the following items:

S/No	Food Items	Quantity Needed	Unit Price
1	Instant Quaker Oats (Red) (400g/pkt)	240	\$3.70
2	Mee Hoon (400g/pkt)	300	\$1.25
3	Biscuit (400g/pkt)	300	\$1.50
4	Veg. Instant Noodles (5pkts/Pack)	300	\$1.80
5	Condensed Milk (390g/can)	336	\$0.85
6	Vegetable Cooking Oil (1Litre /Bottle)	300	\$2.95
7	Milo (400g/pkt)	240	\$3.70
8	3 in 1 Instant Cereal (20 Sachets)	250	\$3.20
9	Canned Food– Sardines (425g/can)	300	\$1.05
10	Baked Beans (425g/can)	300	\$0.85
11	Mushroom (425g/can)	240	\$1.00
12	Canned Braised Peanut (170g/can)	336	\$0.60
13	Canned Pickled Lettuce (170g/can)	336	\$0.60
14	Dumex Dugro Follow-Up 800G(N), Step 3 (1 +)	3	\$19.90
	Dumex Dugro Follow-Up 800G(N), Step 4 (3 +)	3	\$19.90
15	KCA Baby Diaper-S (3-7 kg) 80 pcs	4	\$15.95
16	Drypers Wee Wee Dry Mega – XL (15+ kg) 46 pcs	12	\$17.65
17	Fairprice Baby Diapers-XXL (15+ kg) 32 pcs	12	\$12.50
18	Adult Diaper (Size L)	5	\$10.10
19	Adult Diaper (Size XL)	12	\$8.20

* Item Unit Price is mainly quoted from Sheng Siong www.allforyou.com.sg in February 2016.

If you wish to donate the food items, kindly make arrangement to deliver the items by 12th January 2018. Thank you!

Our goal this year is to deliver 250 food packs each month.

We need your help

We accept your sponsorship and donation as follows:

1	Contribute in-kind, <u>part or in full</u> of the quantity of the listed items
2	Make a <u>monetary donation via cash or cheque</u> towards the purchase of the items (For tax-exemption processing, please provide us with Organisation Name/Full name, Organisation Reg No./NRIC No. and mailing address and do indicate "Food Ration Sponsorship" at the back of the cheque donation).
3	Make an <u>online donation</u> via Giving. SG# website: https://www.giving.sg/shan-you-counselling-centre

#Giving.sg is created and powered by the good people at the [National Volunteer & Philanthropy Centre \(NVPC\)](#)

Your Donation is Tax Deductible

Shan You Counselling Centre holds the IPC status (General Fund) from the National Council of Social Service (NCSS). With the IPC status, your cash donation is tax deductible.

How to contact us

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What we distributed last month

During last month's food ration distribution, a total of

- 227 packets of Fragrance White Rice (5kg)
- 227 packets of Bee Hoon (400~500g/packet)
- 227 packets of Instant Noodles (85g x 5/packet)
- 227 packets of Biscuits/Cream Crackers (428g/packet)
- 227 cans of Condensed Milk (390g/can)
- 227 bottles of Vegetable Cooking Oil (1 litre/bottle)
- 310 cans of Braised Peanuts (170g/can)
- 310 cans of Pickled Lettuce (170-198g/can)
- 201 cans of Whole Mushrooms (425g/can)
- 201 packets of Milo (400g/packet)
- 201 packets of 3-in-1 Instant Cereal
- 227 cans of Sardines in Tomato Sauce (425g/can)
- 227 cans of Baked Beans (425g/can)
- 201 loaves of Gardenia White Bread
- 3 cans of Vegetarian Can Food (Lou Han Zai)
- 2 cans of Luncheon Meat (397g/can)
- 1 packet of Baby Milk Powder (1 year plus, Step 3)
- 5 packets of Adult Milk Powder, 51+ (600g/packet)
- 1 packet of Baby Diapers (S size)
- 2 packets of Baby Diapers (XL size)
- 1 packet of Baby Diapers (XXL size)
- 3 packets of Adult Diapers (L size)
- 1 packet of Adult Diapers (XL size)

412 beneficiaries from **201 families** received their food packs and would like to thank you for your kind contributions.

To Volunteer

We need volunteers to help with the sorting and packing of the food items. We need volunteers to deliver food packs to families as well.

