

## Appeal for Food Ration Sponsorship in April 2018

In 2017, we delivered a total of 2,411 food packs to an average of 200 families each month, benefitting 5,383 individuals altogether.

Our next food ration distribution will be on **28<sup>th</sup> April 2018** and once again we would like to appeal for your generous support.

### What we need for April 2018

For this month, we are appealing for sponsorships/ donations of the following items (highlighted in **yellow** is urgent!):

S/No	Food Items	Quantity Needed	Unit Price
1	Instant Quaker Oats (Red) (400g/pkt)	240	\$3.70
2	Mee Hoon (400g/pkt)	300	\$1.25
3	Biscuit (400g/pkt)	300	\$1.50
4	Veg. Instant Noodles (5pkts/Pack)	300	\$1.80
5	Condensed Milk (390g/can)	336	\$0.85
6	Vegetable Cooking Oil (1Litre /Bottle)	300	\$2.95
7	Milo (400g/pkt)	240	\$3.70
8	3 in 1 Instant Cereal (20 Sachets)	250	\$3.20
9	Canned Food– Sardines (425g/can)	300	\$1.05
10	Baked Beans (425g/can)	300	\$0.85
11	Mushroom (425g/can)	240	\$1.00
12	Canned Braised Peanut (170g/can)	336	\$0.60
13	Canned Pickled Lettuce (170g/can)	336	\$0.60
14	Dumex Dugro Growing Up Milk Formula Step 3 (1+) (700gm)	3	\$18.90
15	Dumex Dugro Growing Up Milk Formula Step 4 (3+) (700gm)	3	\$18.90
16	Children Diapers S size (any brand is ok)	6	\$16-\$20
17	Children Diapers L size (any brand is ok)	6	\$16-20
18	Children Diapers XXL size (any brand is ok)	6	\$16-\$20
19	Adult Diaper (Size XL)	6	\$10.10

\* Item Unit Price is mainly quoted from Sheng Siong [www.allforyou.com.sg](http://www.allforyou.com.sg) in February 2016.

**If you wish to donate the food items, kindly make arrangement to deliver the items by 20<sup>th</sup> April 2018. Thank you!**

Our goal this year is to deliver 250 food packs each month.

### We need your help

We accept your sponsorship and donation as follows:

1	Contribute in-kind, <u>part or in full</u> of the quantity of the listed items
2	Make a <u>monetary donation via cash or cheque</u> towards the purchase of the items  (For tax-exemption processing, please provide us with Organisation Name/Full name, Organisation Reg No./NRIC No. and mailing address and do indicate "Food Ration Sponsorship" at the back of the cheque donation).
3	Make an <u>online donation</u> via Giving. SG# website:  <a href="https://www.giving.sg/shan-you-counselling-centre">https://www.giving.sg/shan-you-counselling-centre</a>

#Giving.sg is created and powered by the good people at the [National Volunteer & Philanthropy Centre \(NVPC\)](#)

### Your Donation is Tax Deductible

Shan You Counselling Centre holds the IPC status (General Fund) from the National Council of Social Service (NCSS). With the IPC status, your cash donation is tax deductible.

### How to contact us

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Website: [www.shanyou.org.sg](http://www.shanyou.org.sg)

## What we distributed last month

During last month's food ration distribution, a total of

- 224 packets of Fragrance White Rice (5kg)
- 224 packets of Bee Hoon (400~500g/packet)
- 224 packets of Instant Noodles (85g x 5/packet)
- 224 packets of Biscuits/Cream Crackers (428g/packet)
- 224 cans of Condensed Milk (390g/can)
- 224 bottles of Vegetable Cooking Oil (1 litre/bottle)
- 306 cans of Braised Peanuts (170g/can)
- 306 cans of Pickled Lettuce (170-198g/can)
- 198 cans of Whole Mushrooms (425g/can)
- 198 packets of Milo (400g/packet)
- 198 packets of 3-in-1 Instant Cereal
- 224 cans of Sardines in Tomato Sauce (425g/can)
- 224 cans of Baked Beans (425g/can)
- 198 loaves of Gardenia White Bread
- 4 cans of Vegetarian Can Food ( Lou Han Zai )
- 2 cans of Luncheon Meat (397g/can)
- 2 packets of Baby Milk Powder (Step 4, 3+)
- 1 packet of Baby Milk Powder (Step 3, 1-3)
- 4 packets of Adult Milk Powder, 51+ (600g/packet)
- 2 packets of Baby Diapers (XL size)
- 1 packet of Baby Diapers (XXL size)
- 1 packets of Adult Diapers (L size)
- 1 packet of Adult Diapers (XL size)

**403 beneficiaries** from **198 families** received their food packs and would like to thank you for your kind contributions.

## To Volunteer

We need volunteers to help with the sorting and packing of the food items. We need volunteers to deliver food packs to families as well.

