First Ever Motivational Interviewing Symposium in SE Asia!

SO SAVE THESE DATES TODAY!

APSMI 2015

Asia-Pacific Symposium on Motivational Interviewing

2 DAY MI CONFERENCE FEB 5-6, 2015 | SIN
Concorde Hotel Singapore

Day 1: Plenary Sessions
Day 2: Workshop Sessions

Keynote Speaker: Dr Stephen Rollnick (Co-developer of MI)

Presentations and workshops by:
Dr Joel Porter, Dr Fiona McMaster, Dr Anya Sheftel and others

Motivational Interviewing (MI) is a form of collaborative conversation for strengthening a person’s own motivation and commitment to change. It is a person-centered counselling style for addressing the common problem of ambivalence about change by paying particular attention to the language of change. MI was first introduced in 1983 by William Miller and Stephen Rollnick. Since then, MI has become woven into day-to-day practice by a wide range of professionals around the world.

Shan You Counselling Centre is the pioneer to introduce MI into Singapore in 2005 and we are thrilled to present the inaugural Asia-Pacific Symposium on Motivational Interviewing (APSMI) in 2015.

Lunch and Tea breaks will be provided.
To register or enquire, please email shanyou@shanyou.org.sg or call 6741 9293.
For more information, visit our website: www.shanyou.org.sg

Dr Stephen Rollnick, Ph.D. (UK)
Co-developer of Motivational Interviewing (MI)
Co-author of MI Helping People Change

Dr Stephen Rollnick is a honorary distinguished professor in the Institute of Primary Care & Public Health of Cardiff University, and has been in the UK National Health Service for 16 years. He authored books on MI (Miller & Rollnick, 1991; 2001; 2012), Health Behaviour Change (Rollnick, Mason & Butler, 1999) and MI in Healthcare (Rollnick, Miller & Butler, 2007). Dr Rollnick is a co-founder of MINT.
Speakers:

Dr Joel Porter, Psy.D.
Clinical Manager, Goldbridge Rehabilitation Services, Australia
Board of Directors, Motivational Interviewing Network of Trainers (MINT)

Dr Joel Porter is a clinical psychologist with over 20 years of experience in areas of mental health and addictions, and is dedicated to advancing treatment services and implementing evidenced based treatment approaches in the areas of addiction and mental health counselling. Dr Porter has been on Shan You Counselling Centre’s Board of Advisors for several years.

Dr Christopher C. Wagner, Ph.D.
Associate Professor, Departments of Rehabilitation Counseling, Psychology and Psychiatry, Virginia Commonwealth University, USA
Member, Motivational Interviewing Network of Trainers (MINT)

Dr Chris Wagner has led psychotherapeutic, psychoeducational, and support groups targeting addictive behaviors, sexual behaviors and identity, HIV disease coping, schizophrenia, and organ transplant, as well as general adult mental health. Dr. Wagner is the lead author on “Motivational Interviewing in Groups” - a 2013 book published by Guilford Press, Inc.

Dr Fiona McMaster, Ph.D.
Senior Lecturer, Department of Public Health and Primary Health, Anglia Ruskin University, UK
Member, Motivational Interviewing Network of Trainers (MINT)

Dr Fiona McMaster works in the field of public health using MI. She has collaborated and publicised articles on MI with the co-developer of MI, Dr Stephen Rollnick, on titles such as “Action reflections: a client-centered technique to bridge the WHY-HOW transition in Motivational Interviewing.”

Dr Anya Sheftel, Ph.D.
Staff psychologist, Counseling and Testing Services, Washington State University, USA
Member, Motivational Interviewing Network of Trainers (MINT)

Dr Anya Sheftel integrates MI in her clinical work with adult and adolescent clients across a variety of presenting issues such as substance use, mental health concerns, trauma, and transition from high school to post-secondary settings. For the past 4 years, Anya has served as a MI consultant to local high schools as well as to state and local agencies serving young people.

Mr. Paul Kong
Clinical Psychologist, Clinical Psychology Department, United Christian Hospital, Hong Kong
Member, Motivational Interviewing Network of Trainers (MINT)

Mr. Paul Kong works with the Substance Abuse Clinic in United Christian Hospital and accumulated rich experience in addiction and mental health services. He dedicates his time in applying and developing MI in the local region and has been offering different levels of MI trainings to the healthcare professionals in Hong Kong and Macau.

Dr Cecilia Chu, D.Psych (Clinical)
Clinical psychologist, Raffles Hospital, Singapore

Dr Cecilia Chu works with people with psychiatric, emotional and behavioural challenges, and patients with chronic/serious health conditions. She is interested in MI and its application for behaviour change in addictive processes and chronic health, and has conducted her doctoral research on the application of MI to problem gambling and diabetes in the Singapore context.